Career Development Center
New York Early Childhood Professional Development Institute

Group Exercise Instructor - Spin Instructor (Park Slope Armory Ymca)

YMCA of Greater New York

Brooklyn, NY 11215

Coach / PD Provider | Part-time | Onsite | $40.00 - $55.00 an hour

Posted on October 13, 2026

Organization Statement

The YMCA of Greater New York is here for all New Yorkers — to empower youth, improve health, and strengthen community. Founded in 1852, today the Y serves a diverse population of more than half a million New Yorkers who learn, grow, and thrive through programs and services at our 24 branches. Community is the cornerstone of the Y. Together, we connect active, engaged New Yorkers to build stronger communities.

Job Description

The Park Slope Armory YMCA is seeking a qualified Group Exercise Spin Instructor who will design and deliver safe, fun, dynamic and effective group exercise classes, while also providing outstanding hospitality to ensure a positive user experience.

Responsibilities

- Provide outstanding hospitality to all members and guest, initiating a professional relationship with the members in regards to their needs, concerns, and questions and acting as an agent to accommodate the member's needs / concerns.
- Arrive prior to class start time to allow time to greet all participants and help acclimate new participants.
- Responsible for participant safety – inspect floor, equipment, and supplies; notify supervisor of equipment in need of repair and / or need for more / updated equipment.

- Provide members with opportunities that will increase their involvement, sense of belonging, and ownership of the YMCA.
- Modify classes and routines according to participants' fitness levels / abilities, as needed.
- Maintain awareness of current fitness programs and trends.
- Maintain attendance records.
- Maintain required certifications.
- Plan and provide appropriate and motivating music for classes.
- Support community and promotional special events as needed.
- Have a thorough knowledge of branch emergency procedures and take appropriate action for emergency situations.
- Actively participate in training sessions and designated meetings.

Qualifications

- High School diploma or equivalent required.
- Experience leading fitness classes.
- Ability to relate to and work with people of diverse backgrounds.
- Current CPR / AED certifications.
- Current National Group Exercise certifications (ACE, ACSM, AFAA, or YMCA).
- Excellent customer service and hospitality skills.
- Must be available to work flexible hours including daytimes, afternoons and/or weekends.
- **Minimum Education Level:** Highschool Graduate or GED
- **Preferred Education Level:** Highschool Graduate or GED

Application Instructions

If you would like to be a member of our dynamic team, please complete our online application, and submit your résumé and a thoughtful cover letter that explains your interest in the role and our organization.

Benefits:

The YMCA of Greater New York offers a variety of benefits to its staff members including retirement benefits, medical, paid-time off, free YMCA membership and more! Benefit eligibility is

determined by an individual's employment status (ie. full-time or part-time), tenure and/or the number of hours scheduled to work. Click here for more information.

Language Requirements

English

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